# Mediamatic 2019 NFD8 Het eten van Mensen

FAQ

*What human substances are used for the dinner?*

Tears, blood, sweat, hair and skin

*Are animal (except human) products used?*

No.

*Is the dinner vegetarian?*

Yes. There’s no use of dead animals.

*Is the dinner vegan?*

No, not if you consider humans animals. In that case we do use animal products for the dinner. If you consider humans to be a unique higher species, then the dinner is   
 vegan.

###### What do I eat if I don’t donate?

If you don’t donate you will receive a wonderful plant-based menu. You are welcome to try the dish of a fellow eater that has donated but only with mutual consent.

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*How do the tears get harvested?*

We kickstart the tear production with different plant-based stimulants.

*Does everyone have to give blood?*

No, only those that want to. However, the blood meals are only for the people that have donated blood.

*When can I let you know that I want to donate blood or that I want to join the dinner?*

Because of hygiene and safety, there is a thorough planning for drawing blood. We would like someone to let us know as soon as possible after you buy your ticket, if you apply later there might nog be any space any more.

*Can I change my mind at a later time?*

No problem, you can always stop and give your place to another person. If at a later time you decide that you want to give blood we will see if there is still an empty space.

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*How does the blood get drawn?*

With the help of a short, sterile, thin needle and a vacuum vial. We teach you how to draw it yourself with help of supervision.

*Do I have to/Can I eat blood if I don’t donate?*

No. You can only receive meals with your own blood. If you don’t give blood you will get a different dish.

*Do I get blood from other people in my meal?*

No. You only get your own blood if you donate.

###### Do other people get my blood in their meal?

No. Unless you let someone taste your meal.

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###### How much blood do we take for the meals and how much blood does a human have?

###### We take about 15 ml of blood. A grown human has about 3 to 7 liter of blood (7%). With a regular transfusion 500 ml is taken. We only take 3,3% for our dinner.

###### Is it dangerous to drink your own blood?

###### In large quantities (liters) it is not healthy. Blood contains a lot of iron. In this dinner we only use 1% of that amount and that is definitely not unhealthy.

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###### Do you get diseases if you eat someone’s blood?

If that other person doesn’t have any special diseases then the drinking of other people’s blood is not dangerous. If the donor is sick, the drinking of their blood might present a contagious danger. You can compare it to kissing and unprotected sex. The risk is small but real. If you join the dinner with someone you have exchanged bodily fluids with more often, such as a partner, there won’t be an extra danger presented with sharing each other’s meals. Tasting the meal of those you don’t know so well is at your own risk. To repeat, you can compare the danger with unprotected sex.

*What is the difference between human blood and animals blood?*

Animal blood is extremely diverse. Pigs, sheep and cows have blood that resembles that of humans. The eating of blood of those humans is something humans do often without any serious health problems.

*I’m vegan and I absolutely don’t want to eat animal products.*

You’re welcome to join. If you want to join in on the eating of humans will depend on the reasons why you’re a vegan. You know those best and there will always   
 Be a humanless option available. We won’t use any other animal products.

*I have a nut / walnut / lactose / banana / stone fruits allergy*

No problem, just let us know beforehand how we can keep that in mind. Like always, we cook with honest ingredients and we know exactly what goes into our food. We will gladly make adjustments to the meal.

*I don’t know if I’m allergic to humans. How do I find out?*

This dinner might be a good way to test that. We work with small quantities so we don’t expect an overdose. For emergencies we will have an EPI-pen behind the bar.

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